Resiliency To-Do List

Dec 2018

- ☐ Lie in every bed in your house and look up/around
- ☐ Remove or secure pictures / shelves / heavy furniture around bed
- ☐ Sturdy shoes and socks under each bed
- ☐ Flashlight / headlamp under bed
- ☐ Power outage lights, or flashlights, where appropriate
- ☐ Secure heavy furniture / pictures / book shelves / refrigerator to wall
- ☐ Move heavy, breakable items to lower shelves
- ☐ Find – label – educate family members on how to turn off the **water** (in/out the house)
- ☐ Find – label - educate family members on how to turn off the **gas** (located outside)
- ☐ Consider having an automatic gas shutoff valve installed
- ☐ Designate an out-of-town contact person
- ☐ Educate everyone in the house about how to use this person
- ☐ Give them a list of people to contact
- ☐ Practice communicating (put the time in every text msg)
- ☐ Write out emergency numbers - put them in your desk, wallet, glovebox, gym bag, etc.
- ☐ Download texting app that works off-line (FireChat, Bridgefy, Chomp)
- ☐ Sign up for Emergency Alerts – Seattle and King County
- ☐ Download navigation app that works off-line (Sygic, Maps.Me, Co-Pilot)
- ☐ Sign up for Smart 911 – Give first responders the info they need to help you
- ☐ Create ICE (In Case of Emergency) contact in your phone – add to your phone's locked screen

- ☐ Assemble a "Get Home Bag" for car or work
  - Water & Food
  - Sturdy shoes
  - Rain poncho / big plastic bag
  - Map!
  - Whistle
  - Picture of family / pets
  - Flashlight / headlamp
  - Extra batteries
  - Mask
  - Moleskin
  - Cash
  - Emergency phone numbers

- ☐ **WATER!** 1 gallon per person per day x 14 days
  ⅓ gallon per pet per day x 14 days I need _____ gallons
- ☐ Strap down water heater!
- ☐ Fill empty freezer space with bottles of water
- ☐ **FOOD** – stock up on non-perishables
- ☐ Plan for pets: Safe place to stash them? Extra food? Meds?
- ☐ **EMERGENCY TOILET** – make, buy, or store plastic bags that fit your current toilet
- ☐ Scan important documents onto thumb drive and/or the "cloud" – store safely
- ☐ Stash cash – small bills – somewhere safe
- ☐ Gather with neighbors to get your block prepared (Seattle Neighborhoods Actively Prepare)
- ☐ Connect with Emergency Communication HUB(s) closest to home, work, etc.
  - Meadowbrook Hub (10005 32nd Ave NE) – Anne Girvin (AGirvin@comcast.net)
- ☐ Start a Hub? Questions? Suggestions? Email list? - Ann Forrest (aaforrest@hotmail.com)