

BE PREPARED

BUILD A KIT

Plan to be on your own for at least 7-10 days



Water
(1 gallon per person,
per day)



Food
(non-perishable)



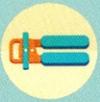
Medications



Medical
equipment



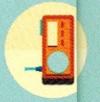
First aid kit



Can opener



Sturdy shoes



Radio



Extra batteries



Flashlight



Warm clothes



Personal hygiene
items



Fire extinguisher



Tools



Pet supplies



Small bills



Toilet paper



Identification
& important
documents



! Keep a 7-10 day kit at home — also have smaller kits in your vehicle and at work

BE PREPARED

MAKE A PLAN

Determine a meeting place in case you have to leave your home



LEARN ABOUT DISASTER PLANS FOR



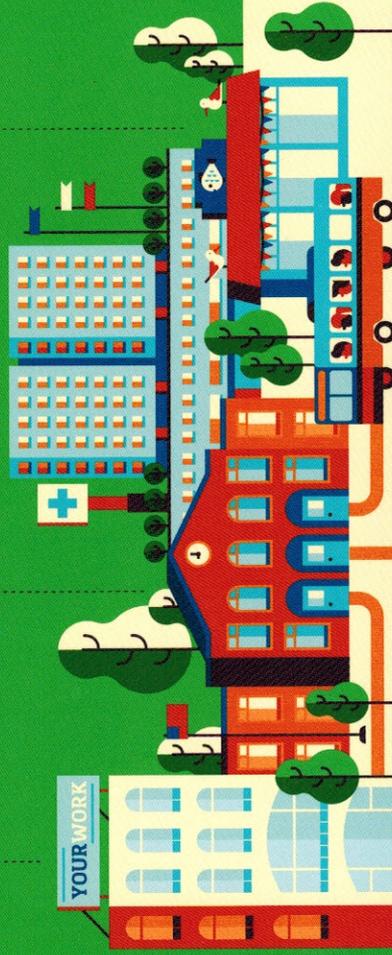
Your work

Your children's school

Your medical and/or transportation provider

Other places where your family spends time

YOUR WORK



Sign up for emergency alerts and notifications at alert.seattle.gov

Know what hazards your home is vulnerable to by visiting seattle.gov/hazardexplorer



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DEVELOP A COMMUNICATIONS PLAN



Write down emergency contact information



Texts are more likely to go through



Have an extra cell phone charger and batteries



An out-of-area contact can serve as a relay point for family communication

HELP EACH OTHER

Know how you'll help people and pets who normally rely on you



—Woof!



Form a Seattle Neighborhoods Actively Prepare (SNAP) group

seattle.gov/snap



View the Seattle Neighborlink map to connect with your Community Emergency Hub

seattle.gov/emergency



Attend free disaster skills workshops offered by Seattle Emergency Management and learn basic survival skills

See the calendar of upcoming events at seattle.gov/emergency



Community Emergency Hubs



Seattle
Emergency Management

WHAT TO DO DURING AN EARTHQUAKE

DURING THE SHAKING



DROP



COVER



AND HOLD ON

If there is no table around, get lower than the other furniture.

THINK



BENEATH



BESIDE



BETWEEN

AFTER THE SHAKING

CHECK YOUR HOME:



For structural damage



Shut off the water at the main house valve



Shut off natural gas if you



Smell natural gas



Hear hissing



See the dial spinning



Check for injuries and apply basic first aid



Help your neighbors



FOR MORE INFORMATION



AlertSeattle messages



Local television



Your closest Community Emergency Hub



Emergency radio stations
AM 710 • AM 1000
FM 94.9 • FM 97.3 • FM 97.7



Twitter @CityofSeattle @alertseattle